

PETERBOROUGH SENIOR CENTER

42 Peterborough St. • Phone: 617-536-7154

Entrance is located between 100 & 108 Jersey St., (rear)

Email: Tracey@operationpeaceboston.org

Hours: Tuesday, Wednesday, and Thursday

11:00am – 3:00pm



Dear Peterborough Senior Center friends,

Happy Spring and Summer!

Summer officially starts on June 21st and we are so ready for it! With that being said make sure to hydrate, wear sun block and look for places to cool off like the Peterborough Senior Center and the Fenway Community Center. Your two local places that offer many programs. Fenway Community Center offers programs for ages newborn to seniors. The Peterborough Senior Center offers programs to seniors 55 and over however we do not turn anyone away if you are over 18 and would like to participate in trivia & bingo, music4wellness, etc. or would like to volunteer we are happy to have you.

What is your preference? We would like to know if you like to receive texts, phone calls or emails or all of the above? We respect your time and understand we are all being bombarded by receiving information from outside sources. We love to hear back from you to let us know what works for you. We also make wellness calls to see how you are doing and if there are any resources you may need. *We are sad to tell you that our Age Strong Advocate David Reedy has taken another job at Age Strong Commission.* They are actively seeking a new advocate.

Looking for our PSC calendar? If so, here are the many ways to get it!

You can access our calendars by going to: <https://www.operationpeaceboston.org/wp-content/uploads/2018/12/PSC-March-April-2024-calendars-3.pdf>. You can grab one while you are at one of our programs, paper mailing or by email. There are many ways to get our calendar in your hands and we hope to see you at our programs.

Make sure to post this calendar on your refrigerator door or somewhere visible so you do not miss our wonderful presentations, events, and activities we have planned for you in May and June 2024! Here is a snapshot!

Wednesday, May 9th, Noon-Women's Bar Association w/Lola Remy, Program Director

Thursday, June 27th Noon-Meet the District 4 Police Officers at Ramler Park (if it rains or extreme heat, will be held at the Fenway Community Center)

We thank you for your flexibility, care, and support. If you need resources, please don't hesitate to reach out.

Thank you!
Shannon, Tracey and Sara

COMMUNITY RESOURCES AND INFORMATION, PROGRAMS, & EVENTS

FOOD RESOURCES

Community Dinners at the Holy Trinity

165 Park Drive -6pm to 7:30pm

Mondays, May 13th, June 10th, Every 2nd Monday

Food Pantry in the Fenway at the Seventh Day Adventist Church/105 Jersey Street

Thursdays, 4-6pm, Available to all Boston Residents

FENWAY CARES

Free and available to Everyone

Go to <https://fenwaycommunitycenter.org/food-distributions/> for dates and times

or call Fenway Community Center at 1-857-246-9053.

East Fenway (Symphony Community Park) 39 Edgerly Road

West Fenway (Fenway Community Center) 1282 Boylston Street-Pick-ups on Jersey Street

EVENTS IN THE FENWAY

Mayor Wu's Coffee Hour

When: Friday, June 14th. 2024

Time: 9:30am to 10:30am

Where: near Kelleher Rose Garden 73 Park Drive

Bring your ideas, suggestions or concerns and speak directly to the Mayor

The Muddy Water Initiative is hosting a New Farmers market

When: Sundays 11am to 2pm Rain or Shine

Where: Charlesgate Park

Starting from June 23rd to October 13th

They would love to hear your questions or ideas for the market! Email at muddywaterinitiative@gmail.com

FENWAY PORCHFEST

When: Saturday, June 15th from 10am to 4pm

For more information please go to website: <https://www.fenwayporchfest.org/>

Mental Health Resources

Massachusetts Behavioral Health Helpline

If you or someone you care about is struggling with mental health or substance use

Call or text 1-833-773-2445

Compass Helpline

They can provide information and resources to help people navigate the complex mental health system, and problem solve in difficult circumstances.

Available Monday-Friday from 9am to 5pm (Excluding holidays). 617-704-6264

Suicide & Crisis Lifeline

If you or someone you know needs support now, call or text 988

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~ May 2024 ~

TUESDAY	WEDNESDAY	THURSDAY
<p>April 30th</p> <p>11:30 Art w/Sara Theophall <i>Bring your Spring with a string of Butterflies</i></p> <p>2:00 Music4Wellness w/Berklee College of Music</p>	<p>1. Noon Watercolors w/Bill Fu at the Fenway Community Center(FCC)-beginners welcome!</p> <p>Noon Spring into Wellness w/Penina Adelman</p>	<p>2. 11:30 Coffee & Conversation at Peterborough Senior Center.</p> <p>Noon to 2pm Come celebrate Mother's, caretakers, sisters and friend's w/music by New England Conservatory- Yoona Kim, ajaeng (traditional Korean zither instrument) Roman Barten-Sherman, guitar/banjo</p>
<p>7. 11:30 Trivia & Bingo</p> <p>2:00 Music4Wellness w/Berklee College of Music</p>	<p>8. 1:00 Tech Café w/Little Brothers Friends of the Elderly</p>	<p>9. 11:30 Coffee & Conversation at Peterborough Senior Center.</p> <p>Noon to 1pm Women's Bar Association presentation w/Lola Remy, Program Director</p> <p><i>They will have you complete a referral form and matched with a lawyer. Free services!</i></p>
<p>14. 11:30 Movie: Monster-in-Law</p> <p>2:00 Music4Wellness w/Berklee College of Music</p>	<p>15. 11:30 Book Club at Peterborough Senior Center (PSC)</p> <p>Noon Watercolors w/Bill Fu at the Fenway Community Center(FCC)-beginners welcome!</p> <p>1:00 Guess that Song w/Abigail Bloom, Simmons University volunteer</p>	<p>16. 11:30 Coffee & Conversation at Peterborough Senior Center</p> <p>Noon to 1pm Opioid Education Workshop w/Age Strong Commission</p>
<p>21. 2:00 Music4Wellness w/Berklee College of Music</p>	<p>22. 2:30 Knitting & Crocheting w/Grace Lincoln, Simmons University Student <i>Bring in an old project or start a new one! Bring your needles & yarn</i></p>	<p>23. 11:30 Coffee & Conversation at Peterborough Senior Center</p> <p>Noon to 1pm PACE program w/Michelle Burris, Director of Growth, Intake and Enrollment Department</p>
<p>28. 11:30 Trivia & Bingo</p> <p>2:00 Music4Wellness w/Berklee College of Music</p>	<p>29. Professional Staff Development PSC Closed</p>	<p>30. 11:30 Coffee & Conversation at Peterborough Senior Center</p> <p><i>Come socialize with your friends and neighbors while having some coffee, tea and breakfast goodies</i></p>



~June 2024

TUESDAY	WEDNESDAY	THURSDAY
4. 11:30 Trivia & Bingo 2:00 Music4Wellness w/Berklee College of Music	5. Noon Watercolors w/Bill Fu at the Fenway Community Center (FCC)-beginners welcome! 1:00 Savings & Cash Management w/Nicholas Josey-The Vincita Institute, Inc	6 11:30 Coffee & Conversation at Peterborough Senior Center Noon to 1pm Age Strong Volunteering/Companionship presentation
11. 11:30 Movie: Mrs. Doubtfire 2:00 Music4Wellness w/Berklee College of Music	12. 1:00 Tech Café w/Little Brothers Friends of the Elderly	13. 11:30 Coffee & Conversation at Peterborough Senior Center Noon to 1pm Come celebrate Fathers, uncles, caretakers and friends! Music by David Elhe
18. Noon Artful Mediation w/Silk Flowers w/ Jan Gadson Louissaint 2:00 Music4Wellness w/Berklee College of Music	19. PSC Closed in observance of Juneteenth 	20. 11:30 Coffee & Conversation at Peterborough Senior Center Noon to 1pm Pharmacology w/Maria Tumang, Brigham & Women's Hospital Rescheduled from April 18
25. 11:30 Trivia & Bingo 2pm Music4Wellness w/Berklee College of Music	26. Noon Watercolors w/Bill Fu in the PSC space Beginners welcome 2:30 Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer Bring in an old project or start a new one! Bring your needles & yarn	27. 11:30 Coffee & Conversation at Ramler Park (130 Peterborough Street) Rain/Heat location: Fenway Community Center Noon to 1pm Meet and Greet with District 4 Police Officers and enjoy ice cream from their Ice cream truck. Meet the new Sargent and Officer Diaz – Community Service officer

A perfect Summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the mower is broken!

