

Dear Peterborough Senior Center friends,

Holidays are upon us! Are you ready for them? While the holidays can be joyful, they can also trigger stress or loneliness. We ask that you reach out to your friends and neighbors! It takes a village to take care of our community and ourselves.

Don't forget you can sign up for notifications for snow emergencies, and parking bans by calling 617-635-3050. Call 311 to report sidewalks, ramps and walkways not shoveled. Remember some sidewalks might not be City property. Call the State (Department of Conservation-DCR) 617-626-1250 to see if it is in their jurisdiction.

Want to participate in Snowflake Secret Santa? Get your snowflake with the person you will buy for on Tuesday, December 3rd. You will bring home the snowflake with the person's name as a reminder to buy a gift for under \$15 and the date to bring in the gift. We will exchange gifts on *Wednesday, December 18th after the movie "ELF"*.

Please note that we will be closed from Tuesday, December 24th to Tuesday, January 2nd and will reopen on Tuesday, January 7th. We wish you all a healthy, prosperous holiday and Happy New Year.

We appreciate all of you for your generosity all year around. We are asking for your support to the Peterborough Senior Center with gift cards to *Target, Star Market or Amazon*. We use them to purchase bingo prizes, extra snacks, decorations for the center and etc. Your support means a lot to us!

Please make sure to post this calendar on your refrigerator door or somewhere visible so you do not miss our wonderful presentations, events, and activities we have planned for you in November & December 2024! Here is a snapshot!

Thursday, November 7th, 2024 at Noon Declutter-Destress! Practical decluttering skills w/Lynn Faust, ClearPath Program- Learn and discuss excessive clutter and how it can affect our well-being. Learn ways to reduce excessive items in our home.

Thursday, December 19th at Noon *Be Red Cross Ready w/American Red Cross- Learn how to prepare for an Emergency!*

We thank you for your flexibility, care, and support. If you need resources, please don't hesitate to reach out.

Thank you! Shannon, Tracey and Sara

COMMUNITY RESOURCES AND INFORMATION, PROGRAMS, & EVENTS

FOOD RESOURCES

Community Dinners at the Holy Trinity are back! November 11th and December 9th from 6pm to 7:30pm

Food Pantry in the Fenway at the Seventh Day Adventist Church/105 Jersey Street

Thursdays, 4-5pm, Available to all Boston Residents

FENWAY CARES

Free and available to Everyone

Go to <u>https://fenwaycommunitycenter.org/food-distributions/</u> for dates and times or call Fenway Community Center at 1-857-246-9053. East Fenway (Symphony Community Park) 39 Edgerly Road West Fenway (Fenway Community Center) 1282 Boylston Street-Pick-ups on Jersey Street

Community Updates

Fenway News turns the big "50"

Honoring "Our neighbor, friend and Iconic Helen Cox" Wednesday, November 13th 2024 from 6:30pm to 9pm Kings Dining & Entertainment 50 Dalton Street *This is a Fundraiser and tickets are \$50* Come to eat, drink, honor Helen Cox, dive into the paper's history, and celebrate community!

Holiday events in the Fenway

Holiday Market at the Fenway Community Center

Saturday, December 14th 2pm to 5pm Come support the Fenway artists by purchasing their crafts, arts and jewelry!

West Fenway Holiday Tree Lighting-SAVE THE DATE!

Program details are still pending!

Wednesday, December 4th at 6pm

Near the Kelleher Rose Garden

Enjoy hot chocolate, apple cider, cookies and other great treats! Thanks to Fenway Civic Association, City of Boston and etc. for organizing this great event!

Program Highlights

FriendshipWorks Programs

Need someone to accompany you to your medical appointment. Please call two weeks in advance for a medical escort volunteer. Please contact Kelley Ready at 617-482-1510 ext. 126. They also have Friendly Visiting volunteers that offer friendship and support through weekly visits and Friendly Helping volunteers can assist with short-term tasks or errands such as organizing, shopping, or picking up prescriptions or library books! Please call 617-482-1510.

Corrections from October calendar: Oral History and Little Brothers Friends of the Elderly last session is Wednesday, December 4th not October 30th

PETERBOROUGH SENIOR CENTER

42 Peterborough St. • Phone: 617-536-7154

Entrance is located between 100 & 108 Jersey St., (rear) Public Alley 935





~ November 2024 ~					
	TUESDAY	WEDNESDAY		THURSDAY	
5. 11:30 2:00	Art w/Sara Theophall Music4Wellness w/Berklee College of Music Don't forget to Vote!	6. Noon 1:00 2:30	Oral History w/LBFE & Northeastern Students Tech Café w/Little Brothers Friends of the Elderly Exercise and dance w/Simmons University Physical Therapy students	7. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 1pm Decluttering, Destress! Practical decluttering Workshop w/Lynn Faust, Executive Director
12. 11:30 2:00	Movie "The Wiz" a 1978 film Starring: Diana Ross, Nipsey Russell, Michael Jackson and etc. Music4Wellness w/Berklee College of Music	13. Noon 1:00 2:30	Watercolors at the Fenway Community Center w/Bill Fu Beginners welcome Oral History w/LBFE & Northeastern Students Tech Café w/Little Brothers Friends of the Elderly Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer Bring in an old project or start a new one! Bring your needles & yarn	14. 11:30	Coffee & Conversation <i>at Peterborough</i> Senior Center. Noon to 1pm Conversation w/State Rep Jay Livingstone Learn what is happening in the Fenway!
19. 11:30 2:00	Thanksgiving Trivia & Bingo Music4Wellness w/Berklee College of Music	20. 11:30 Noon 1:00 2:30	Book Club at Fenway Community Center Watercolors at the Fenway Community Center w/Bill Fu Beginners welcome Oral History w/LBFE & Northeastern Students Tech Café w/Little Brothers Friends of the Elderly(LBFE) Exercise and dance w/Simmons University Physical Therapy students Last session	21. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 2:00pm Thanksgiving potluck Please bring a drink, dessert or side dish!
26. 11:30	Movie "Planes, Trains & Automobiles" a 1987 film w/John Candy and Steve Martin, Laila Robins, Kevin Bacon and etc	27.	PSC closed in Observance of Thanksgiving	28.	PSC closed in Observance of Thanksgiving

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		~December 2024~		JUTIOL NEW TEAM	
TUESDAY		WEDNESDAY		THURSDAY	
3. 11:30 Trivia & Bingo Snowflake Secret S 2:00 Music4Wellness w/Berklee College Music		Oral History w/LBFE & Northeastern Students-last session for the semester Tech Café w/Little Brothers Friends of the Elderly- <i>last session for the</i> <i>semester</i>	5. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 1pm Dementia Friendly presentation w/Corinne Fisher, Dementia Friendly Coordinator from Age Strong Commission	
10. 11:30 Silk Blooms: Artfi w/Jan Gadson Lou 2:00 Music4Wellness w/Berklee College Music- <i>last session</i> <i>semester</i>	uissaint Noon	Book Club at Peterborough Senior Center Watercolors at the FCC w/Bill Fu Beginners welcome Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer Bring in an old project or start a new one! Bring your needles & yarn	12. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 1pm Holiday Potluck w/Holiday Music w/New England Conservatory Please bring a holiday dish, dessert or drink to share!	
17. 11:30 Holiday Trivia & B	ingo Noon	Movie "Elf" a 2003 film Starring: Will Ferrell, James Caan, Zoey Deschanel, Peter Dinklage and etc. Snowflake Secret Santa Bring in your gifts!	19. 11:30	Coffee & Conversation at Peterborough Senior Center 12pm to 1pm Be Red Cross Ready w/American Red Cross Learn about Emergency preparedness	
24.	25.		26.		
PSC Closed in Obser of Christmas Day Happy Holidays	vance y	PSC Closed in Observance of Christmas Day Happy Holidays!		PSC Closed in Observance of Christmas Day Happy Holidays!	
31.	Jan 1		Jan 2.		
PSC Closed in Observa New Year's Eve	ince of	PSC Closed in Observance of New Year's Day	We will	PSC Closed See you in the New Year 2025 reopen on Tuesday, January 7 th , 2025	