PETERBOROUGH SENIOR CENTER

42 Peterborough St. • Phone: 617-536-7154

Entrance is located between 100 & 108 Jersey St., (rear)

Email: Tracey@operationpeaceboston.org Hours: Tuesday, Wednesday, and Thursday

11:00am - 3:00pm

Dear Peterborough Senior Center friends,

Happy Fall!

We are excited about Fall and look forward to the crisp, cool air, pretty leaves and smells of apple cider, pumpkin spice and cinnamon.

Our next field trip is scheduled for Natick Mall on Tuesday, September 17th if you have already signed up you will receive an email with the details. Have you been to Natick Mall? There are many wonderful things at the mall to see, buy and enjoy eating at the many eateries and restaurants nearby. For more information, you can go to https://www.natickmall.com/en/ to learn more about what shops are there and etc. Get an early start on your holiday shopping! Seats are limited to 40! So please let us know asap!

We will be asking everyone to fill out a participant package starting in September that includes a program waiver & release form, emergency contact form, code of conduct, list of activities you currently participate in, what you are most interested in and what activities you would like to see that is not currently offered? This information not only helps us with our funders but give us up to date contact information and your emergency contact person in the event we need to contact that person/s.

Make sure to post this calendar on your refrigerator door or somewhere visible so you do not miss our wonderful presentations, events, and activities we have planned for you in September & October 2024! Here is a snapshot!

Wednesdays starting October 2nd from noon to 1pm-Oral History Project w/Little Brothers Friends of the Elderly and Northeaster Students-Come share your history and knowledge with the students and engage in meaningful conversations.

Thursday, October 24th at Noon-City of Boston Recycling & Sanitation presentation w/Madeline Montgomery and Avantika Mathur. Learn what is recyclable and what is not!

We thank you for your flexibility, care, and support. If you need resources, please don't hesitate to reach out.

> Thank you! Shannon, Tracey and Sara

COMMUNITY RESOURCES AND INFORMATION, PROGRAMS, & EVENTS

FOOD RESOURCES

Community Dinners at the Holy Trinity Postponed until further notice

Food Pantry in the Fenway at the Seventh Day Adventist Church/105 Jersey Street

Thursdays, 4-5pm, Available to all Boston Residents

FENWAY CARES

Free and available to Everyone

Go to https://fenwaycommunitycenter.org/food-distributions/ for dates and times or call Fenway Community Center at 1-857-246-9053.

East Fenway (Symphony Community Park) 39 Edgerly Road

West Fenway (Fenway Community Center) 1282 Boylston Street-Pick-ups on Jersey Street

New Farmers Market at Charlesgate Park!

The Muddy River Initiative

Rain or Shine

When: Sundays 11am to 2pm

From: 6/23 to 10/13

If you have questions or ideas for the market! Please email muddywaterinitiative@gmail.com

Fall Events and Community Events in the Fenway/Boston

Taste of the Fenway-Fenway CDC event

Wednesday, September 25th, 2024 from 5pm to 7pm All you can eat food and drink tastings!

Contact Iris Tan for more information

Itan@fenwaycdc.org

Love The Fenway-Fenway Community Center event

Thursday, September 26th, 2024 from 6pm to 9pm
Enjoy live music, hor d'ouevres, open bar and raffle
Contact Fenway Community Center at https://fenwaycommunitycenter.org/calendar/love-the-fenway-2/

East Fenway Block Party -Fenway Civic Association event

Wednesday, September 4th at 4:30pm to 7pm *rain date: September 5th*Symphony Park 39 Edgerly Road

Enjoy food, music, family entertainment, special appearance from Wally, dancing, BPD Ice cream truck



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~ September 2024 ~

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TUESDAY		Wednesday			THURSDAY	
3. 11:30	Fall Trivia & Bingo	4. Noon	Watercolors at the Fenway Community Center w/Bill Fu Beginners welcome	5. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 1pm Providence House Assisted Living presentation w/Tabitha Jones, Marketing Director	
10. 11:30 2:00	Silk Blooms: Coffee Cup Arts w/Jan Gadson Louissaint Music4Wellness w/Berklee College of Music	11. 1:00	Tech Café w/Little Brothers Friends of the Elderly	12. 11:30	Coffee & Conversation at Peterborough Senior Center. Noon to 1pm Age & Dementia Friendly presentation w/David Reedy, Age Friendly Coordinator and Corinne Fisher, Dementia Friendly Coordinator	
	ld Trip to Natick Mall et at 78 Peterborough Street at 9:30am	18. 11:30 Noon 1:00 2:30	Book Club at Peterborough Senior Center Watercolors at the Fenway Community Center w/Bill Fu Beginners welcome Tech Café w/Little Brothers Friends of the Elderly(LBFE) Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer Bring in an old project or start a new one! Bring your needles & yarn	19. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 1:30pm Stop the Bleed presentation w/Maria Tumang, Brigham & Women's Injury & Prevention Outreach Coordinator Learn techniques on how to stop a hemorrhage or heavy bleeding.	
24. 11:30 2:00	Movie "Rat Race" 2001 Comedy & Adventure: starring "Whoopi Goldberg, Cuba Gooding jr, John Lovitz and etc. Music4Wellness w/Berklee College of Music	25. 1:00 2:30	Tech Café w/Little Brothers Friends of the Elderly(LBFE) Exercise and dance w/Simmons University Physical Therapy Students	26 . 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 2pm Remembrance Breakfast Remembering our friends who have passed on! We will share stories and our memories! Come and enjoy pancakes, sausages, and scrambled eggs!	
Oct 1. 11:30 2:00	Fall Trivia & Bingo Music4Wellness w/Berklee College of Music	Oct 2. Noon 1:00 2:30	Oral History project w/LBFE & Northeastern University Students Tech Café w/Little Brothers Friends of the Elderly(LBFE) Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer Bring in an old project or start a new one! Bring your needles & yarn	Oct 3. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 2pm Harvest Party Enjoy apple spice cider, pumpkin spice food and drinks!	

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TUESDAY		Wednesday		Thursday	
8. 11:30 2:00	Harvest Trivia & Bingo Music4Wellness w/Berklee College of Music	9. Noon 1:00 2:30	Oral History w/LBFE & Northeastern Students Tech Café w/Little Brothers Friends of the Elderly Exercise and dance w/Simmons University Physical Therapy Students	10. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 1pm Pharmacology presentation w/Maria Tumang, Brigham & Women's Hospital Injury & Prevention Outreach Coordinator Learn more about your medications and the interaction between drugs and the body.
15. 11:30 2:00	Art w/Sara Theophall Design a mask and wear at Halloween Party! Music4Wellness w/Berklee College of Music	16. 11:30 Noon Noon 1:00 2:30	Book Club at Fenway Community Center (FCC) Watercolors at the FCC w/Bill Fu Beginners welcome Oral History w/LBFE & Northeastern Students Tech Café w/Little Brothers Friends of the Elderly Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer Bring in an old project or start a new one! Bring your needles & yarn	17. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 1pm Shine Presentation (Open Enrollment) w/Mary Ruhl, Regional Shine Program Manager Please bring your current insurance cards and list of medications.
22. 11:30 2:00	Movie: Beetlejuice Music4Wellness w/Berklee College of Music	23. Noon 1:00 2:30	Oral History w/LBFE & Northeastern Students Tech Café w/Little Brothers Friends of the Elderly Exercise and dance w/Simmons University Physical Therapy Students	24. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 1pm City of Boston Recycling and Sanitation presentation w/Madeline Montgomery and Avantika Mathur Not sure what is recyclable? Please come and learn what is recyclable and what is not?
29. 11:30 2:00	Halloween Trivia & Bingo Music4Wellness w/Berklee College of Music	30. Noon Noon 1:00 2:30	Watercolors at the FCC w/Bill Fu Beginners welcome Oral History w/LBFE & Northeastern Students last session for the semester! Tech Café w/Little Brothers Friends of the Elderly last session for the semester! Knitting & Crocheting w/Grace Lincoln, Simmons University volunteer Bring in an old project or start a new one! Bring your needles & yarn	31. 11:30	Coffee & Conversation at Peterborough Senior Center Noon to 2pm Halloween Party Dress in your best costume! Win a prize! Bring your favorite Halloween snack and drink!